

Chappelle Memorial AME Church

## **Praising God**

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### **LESSON FIVE**

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#### **EXCITE THE SUBJECT**

In this lesson, three passages from the Psalms will inspire you to praise God for what he has done.

1. *When has a friend done something wonderful for you? How did you thank him or her?*
2. *Why do we often forget to thank others?*

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#### **EXPLORE THE TEXT**

[Psalm 96:1-3, 8-9](#)

The psalmist, overwhelmed by what God had done, shows us how to praise God. He enjoys the praise of his people, and we should enjoy praising him with our whole being.

1. *Why is it important to praise God in the presence of others?*

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2. *How can the presence of others sometimes keep us from praising God wholeheartedly?*

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3. *What is the best way you have found to keep distractions from interfering with your worship of God?*

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### **Psalm 145:2-5**

Sometimes our burdens seem more than we can bear, and we wonder how we can possibly praise God. David encourages us to turn to the Lord in those dark times, because God is the great deliverer.

**1. *When do you find it most difficult to praise God?***

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**2. *Why do we tend to praise God only during good times?***

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**3. *Why do burdens often seem more bearable when we praise God?***

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### **Psalm 150:1-2, 6**

Remember to praise him every day! Look at what he has done in history and what he has done in your life. Through all of life's blessings and troubles, God is at our side. Knowing this will cause us to praise God for leading us in the right direction.

**1. *Why is giving praise unnatural for many of us?***

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**2. *How has God helped you through a recent trial in your life?***

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**3. *How can you thank God for his presence and help during difficult times?***

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## **EXAMINE YOURSELF**

Praise lies at the heart of true worship. The psalmists tell us to remember God's goodness and faithfulness in the past and then to worship God with thanksgiving and praise. Genuine worship is offered when hearts are full of appreciation for what God has done. Considering all that God does for you, what could be more natural than heartfelt praise?

*What can you do to praise God more willingly and consistently?*

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